


Caraga Youth Today
RISK BEHAVIOR OF YOUNG PEOPLE
IN CARAGA

PART 1



Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

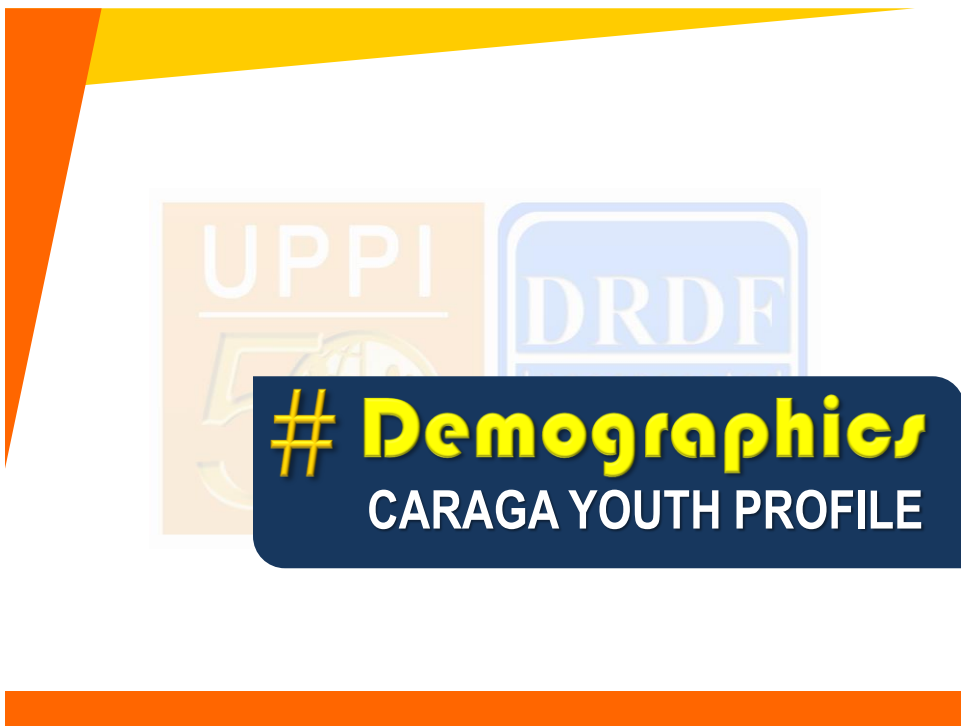
OUTLINE

Part 1

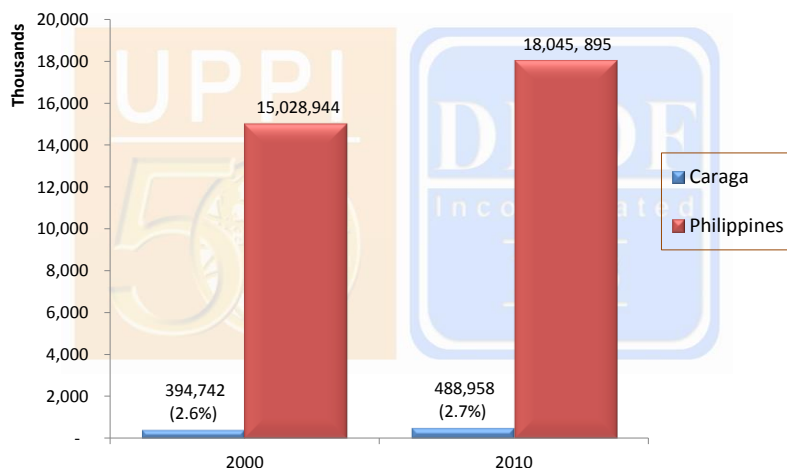
- Demography of the youth in Caraga
- The 2013 YAFS Study
- Background characteristics, Health and lifestyle
- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute



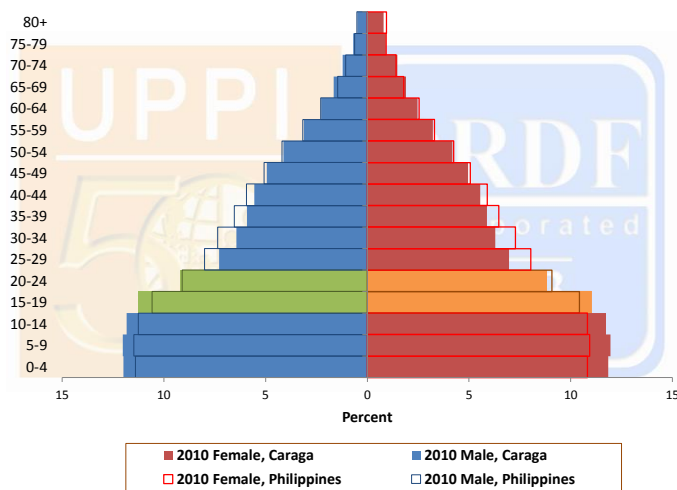
Youth population: Philippines & Caraga



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Age structure of the Philippines and Caraga populations, 2010



Demographic Research & Development Foundation • University of the Philippines Population Institute

#YAFS4

The graphic features the logos for the University of the Philippines Population Institute (UPPI) and the Demographic Research and Development Foundation (DRDF) in the background. A dark blue banner with a white border contains the text "# YAFS4" in large yellow font, followed by "THE 2013 YAFS STUDY" in white font. The banner is set against a white background with a yellow and orange geometric shape on the left side.

Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA, Department of Health, Philippine Council for Health Research and Development (PCHRD)

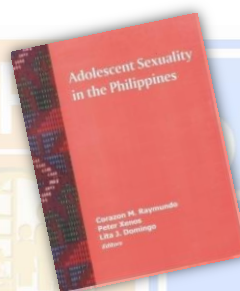
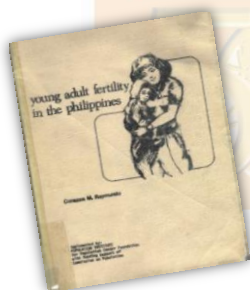
#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Predecessor surveys

1982 YAFS

(5,240 female respondents)



1994 YAFS

(10,879 male and female respondents)

2002 YAFS

(19,728 male and female respondents)



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

General objective of YAFS4

- To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

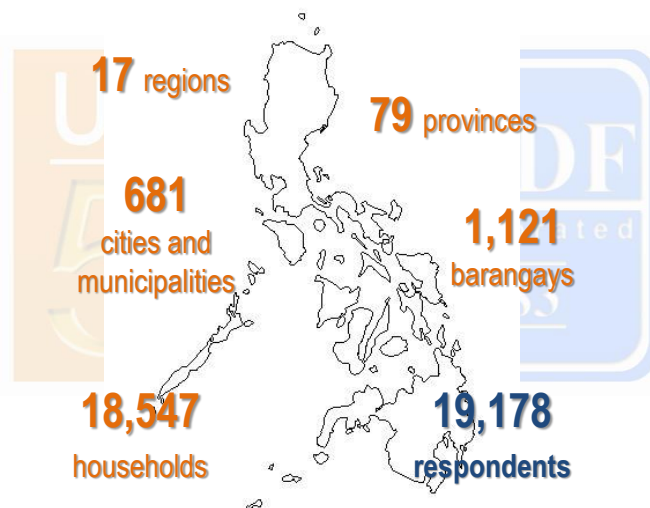
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Coverage of YAFS4



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Survey instruments

- 10 survey instruments
 - Household Form
 - 8 Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - 4 Muslim Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - Community Form
- All questionnaires were translated to 6 major languages

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

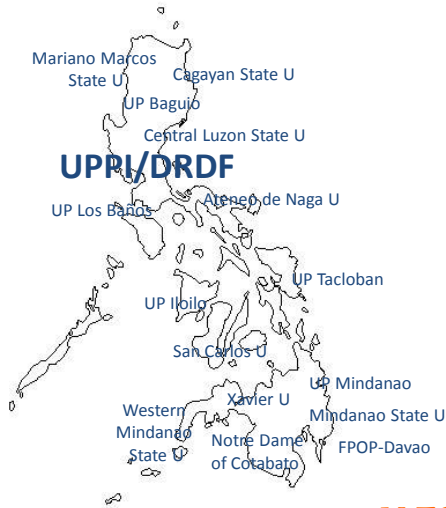
Main questionnaire contents

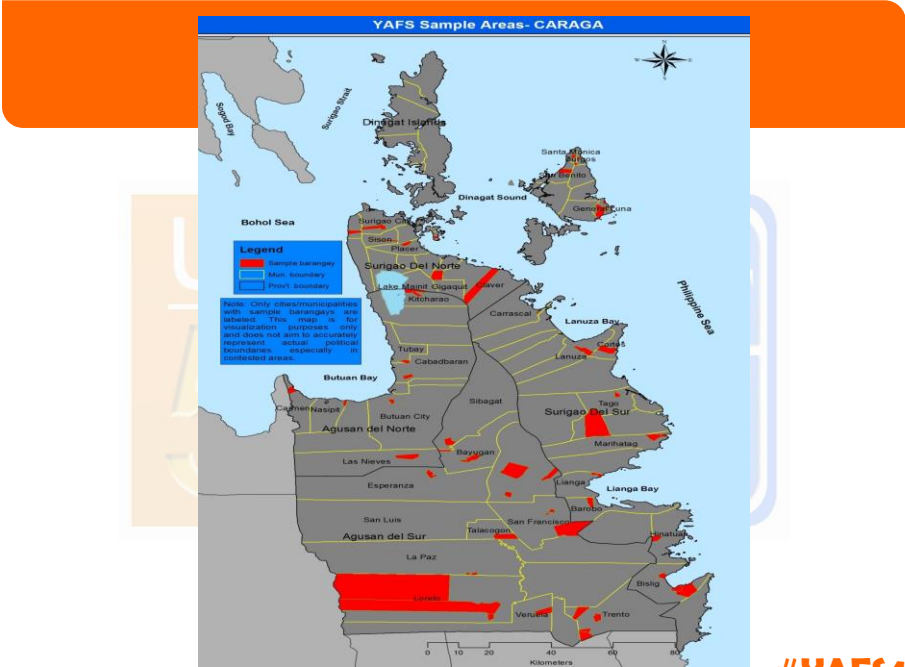
Block A. Individual characteristics
Block B. Family characteristics and relationships
Block C. Self-esteem and values
Block D. School, work and community
Block E. Media
Block F. Friends and peers
Block G. Health and lifestyle

Block H. Marriage
Block I. Puberty, dating and sex
Block J. Fertility and contraception
Block K. Knowledge and attitudes towards marriage, sex and related issues
Block L. Reproductive health

Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection





#YAFS4

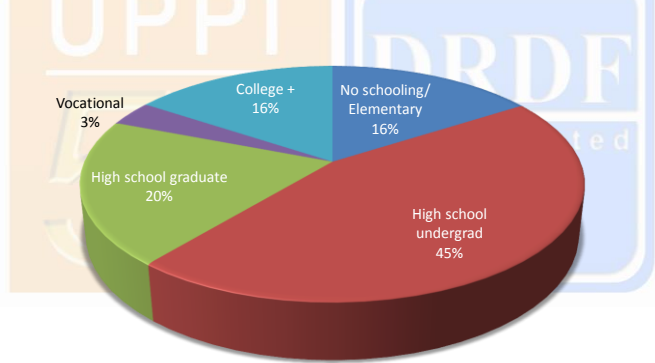
Demographic Research & Development Foundation • University of the Philippines Population Institute



CaragaYouthProfile
 BACKGROUND CHARACTERISTICS,
 HEALTH AND LIFESTYLE

Education profile of Caraga youth

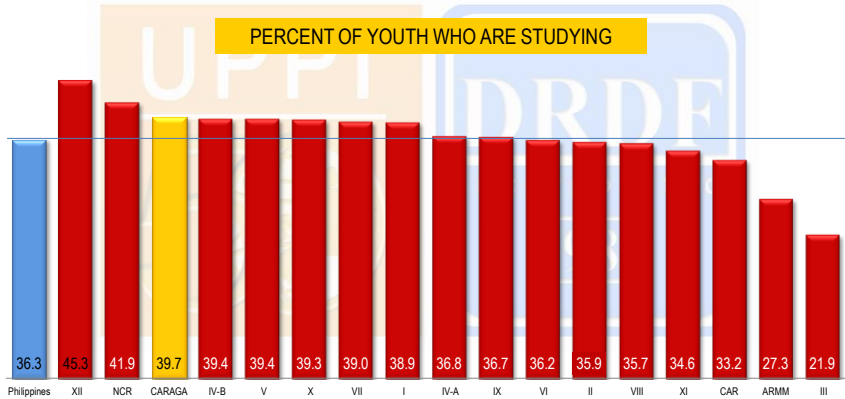
PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

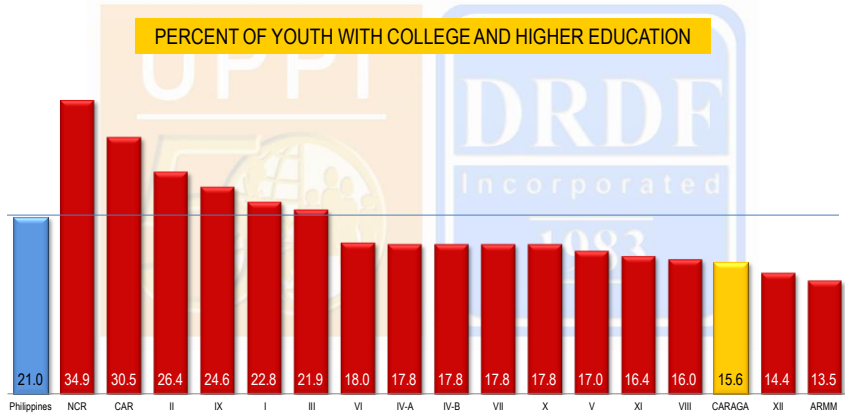
Proportion of youth who are studying in Caraga is 3rd highest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

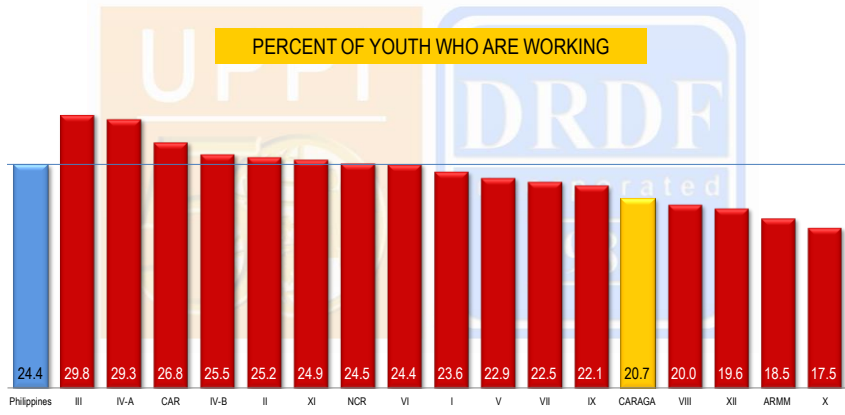
... But Caraga has the 3rd lowest proportion of youth with college and higher education



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

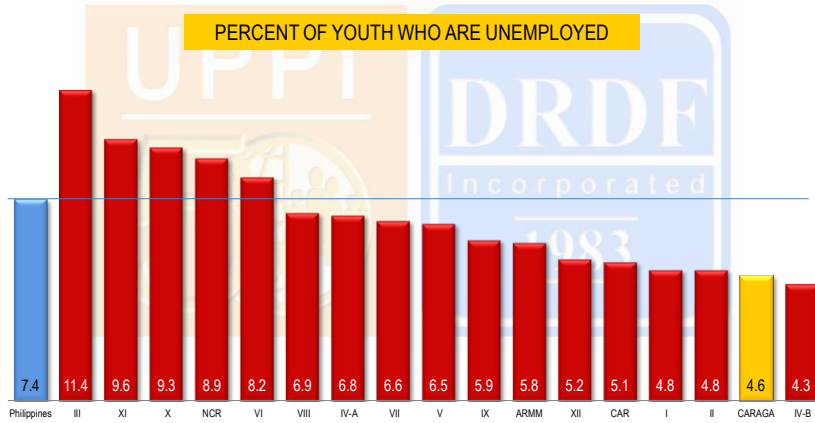
Only 1 in 5 youth is working



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

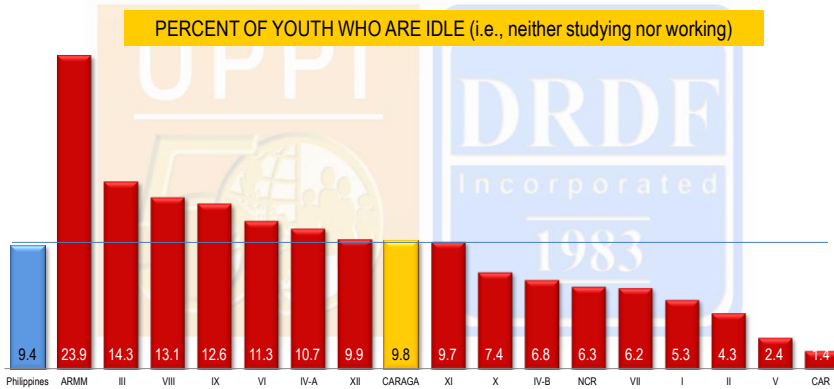
Nearly 1 in 20 youth is unemployed



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

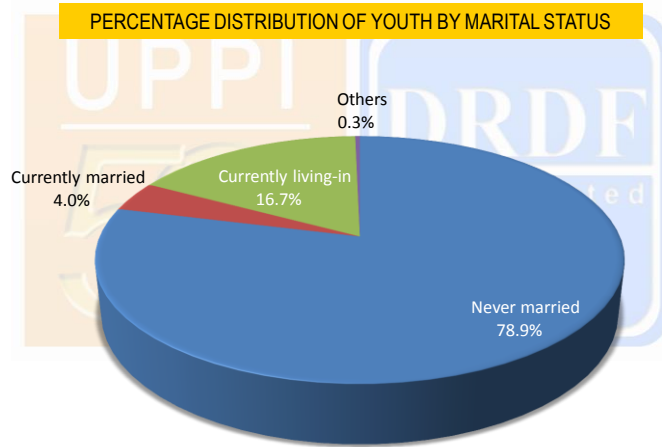
1 in 10 youth in Caraga is idle



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

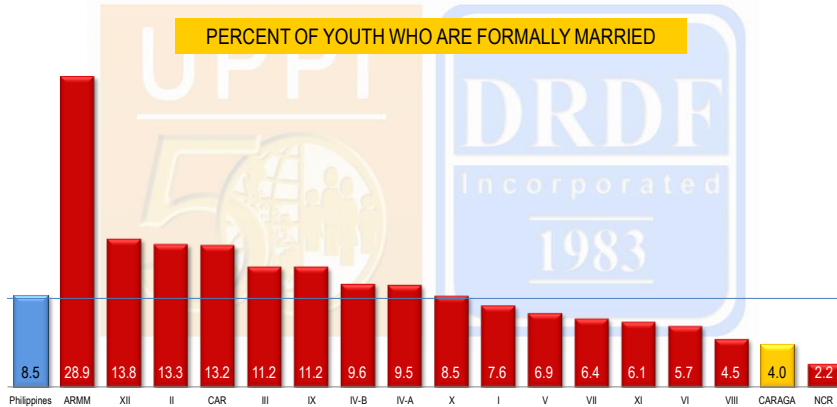
Marital status of Caraga youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

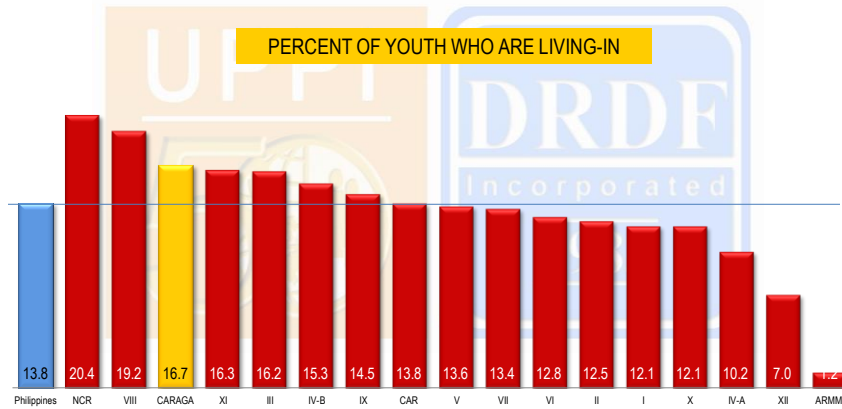
Proportion of youth who are formally married is 2nd lowest in the country



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

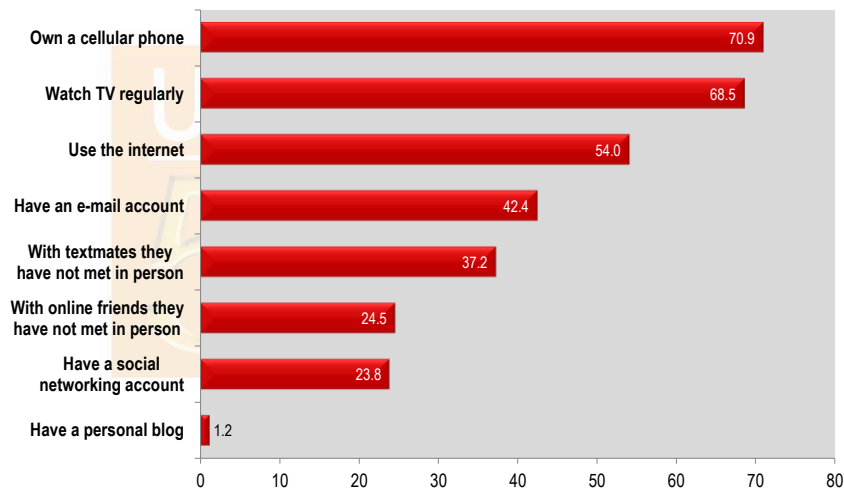
... But the proportion of youth who are living-in is the 3rd highest



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

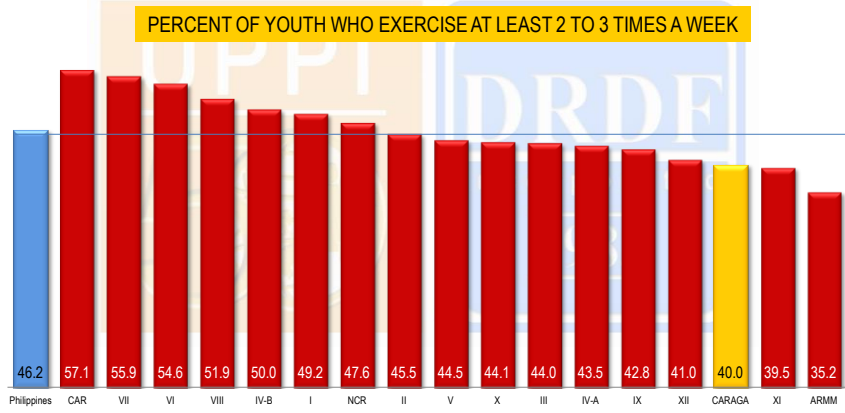
Caraga youth are digitally wired



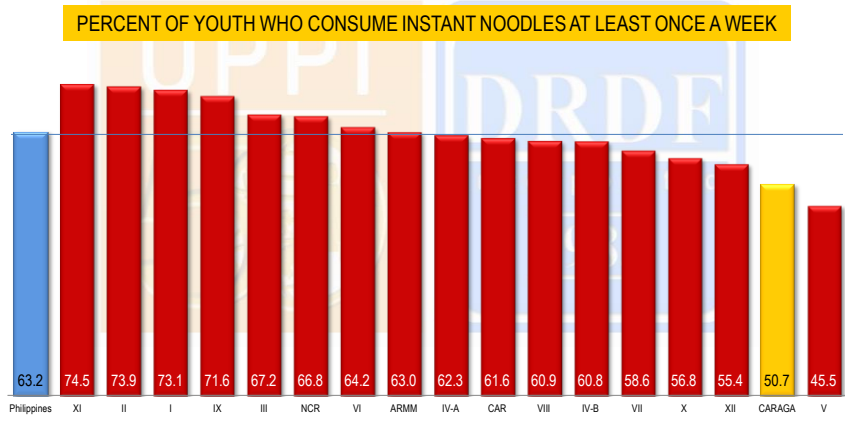
#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

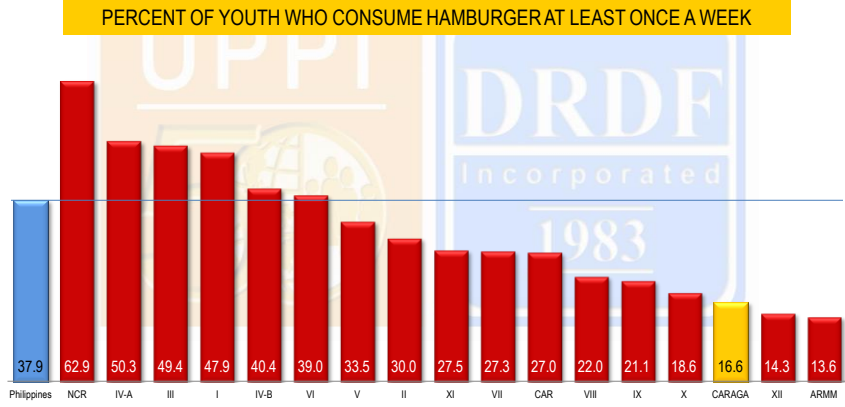
Proportion of Caraga youth who exercise at least 2 to 3 times a week is the 3rd lowest



More than half of the youth consume instant noodles at least once a week



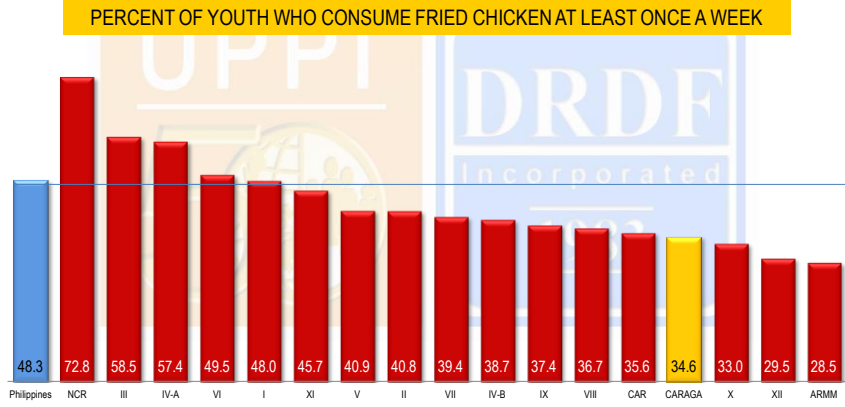
Consumption of hamburger among the youth is 3rd lowest in Caraga



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

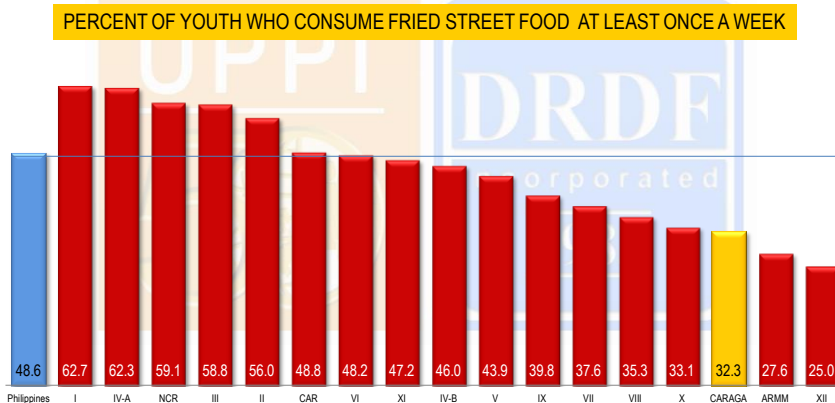
1 in 3 youth consumes fried chicken at least once a week



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

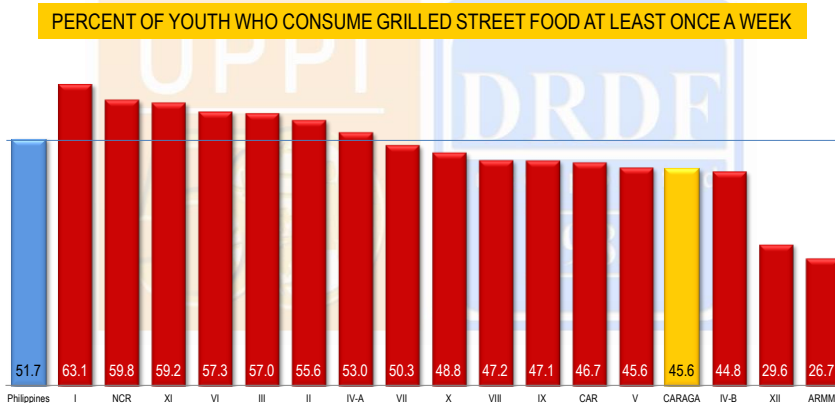
1 in 3 youth consumes fried street food at least once a week



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

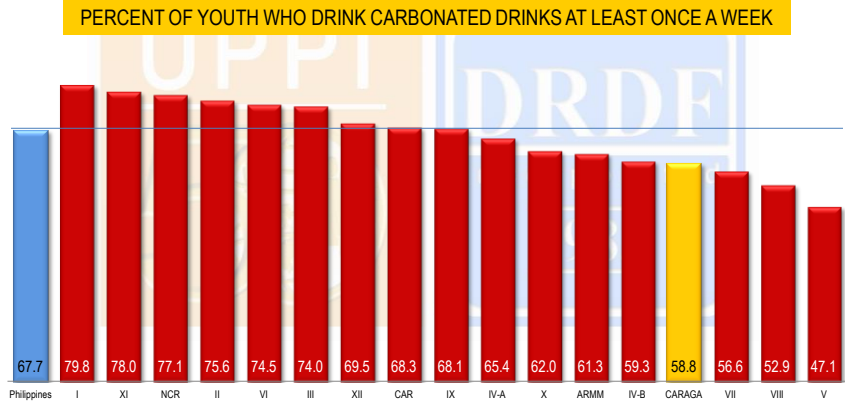
More than 2 in 5 Caraga youth consume grilled street food at least once a week



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

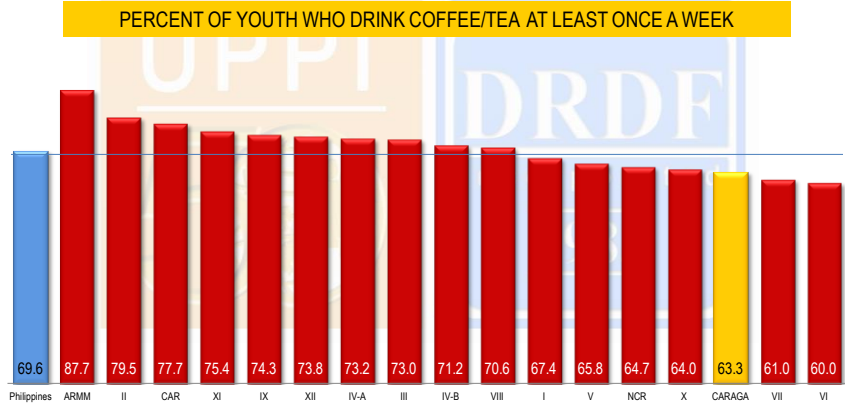
Nearly 3 in 5 youth drink carbonated drinks at least once a week



#YAFS4

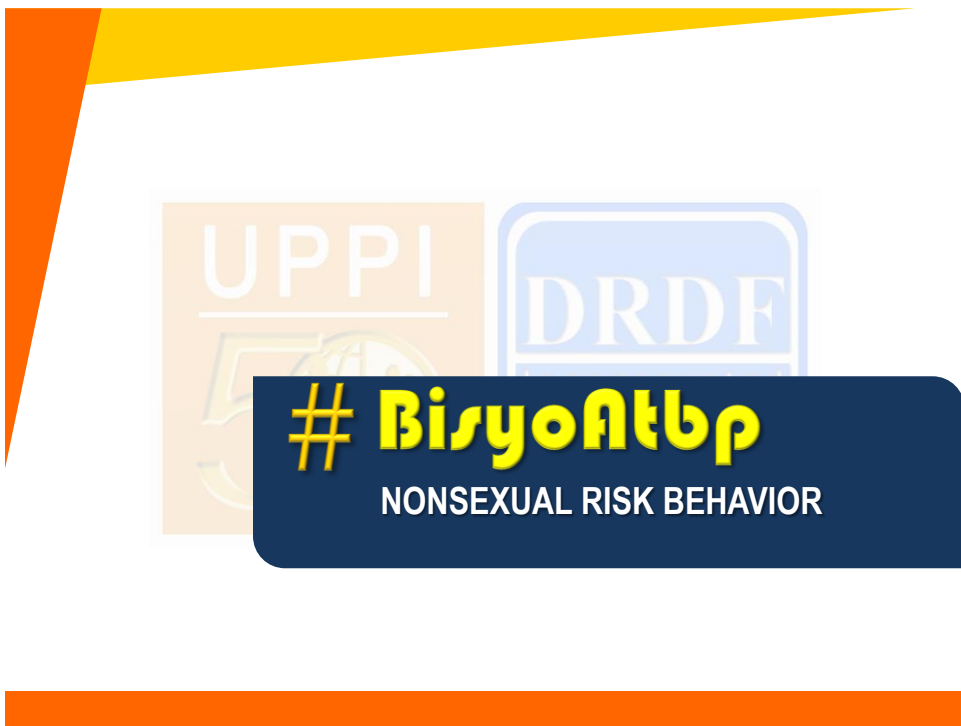
Demographic Research & Development Foundation • University of the Philippines Population Institute

More than 3 in 5 youth drink coffee/tea at least once a week

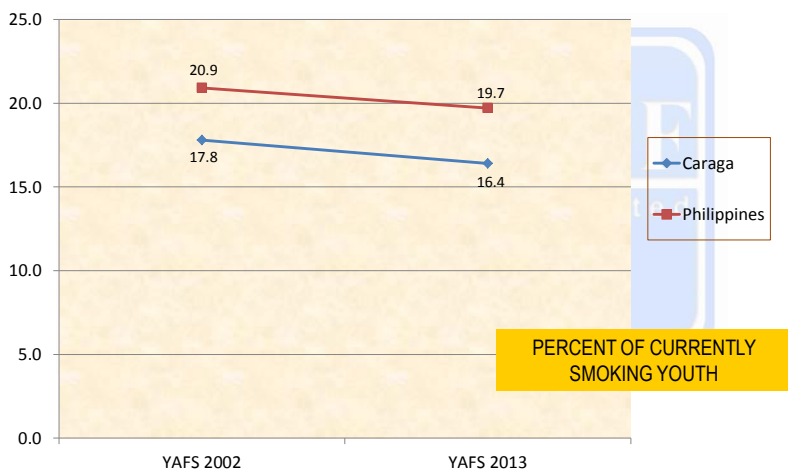


#YAFS4

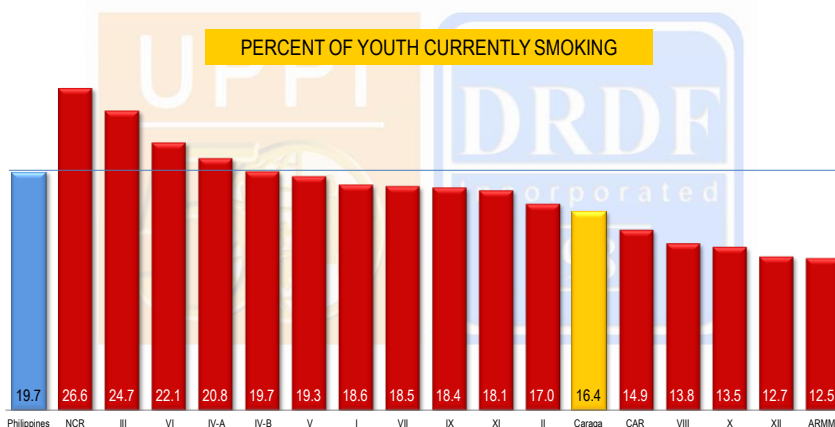
Demographic Research & Development Foundation • University of the Philippines Population Institute



The trend of the proportion currently smoking among the youth is declining



Proportion of Caraga youth who are currently smoking is below the national average



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

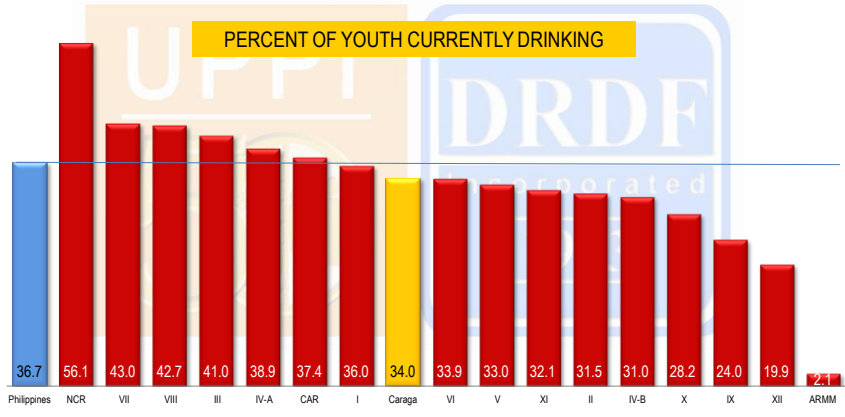
Decline in the proportion of currently drinking youth



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

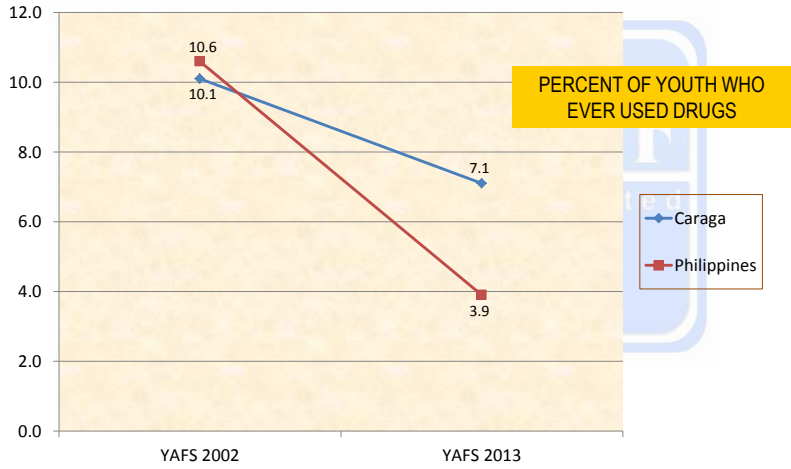
Proportion of currently drinking Caraga youth is also below the national average



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

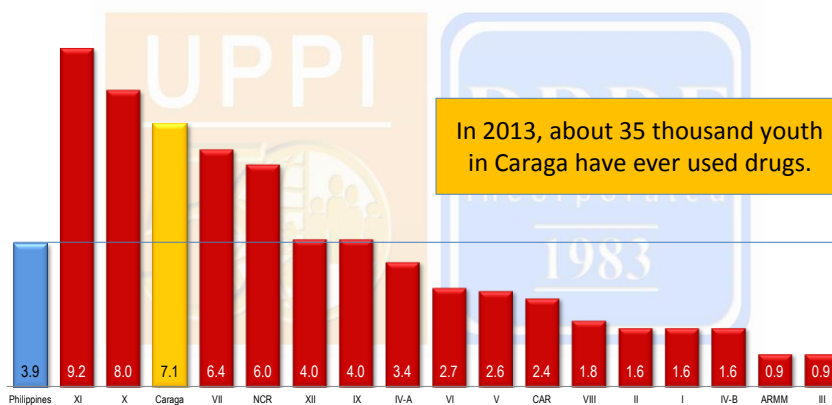
Proportion of youth who ever used drugs has also declined



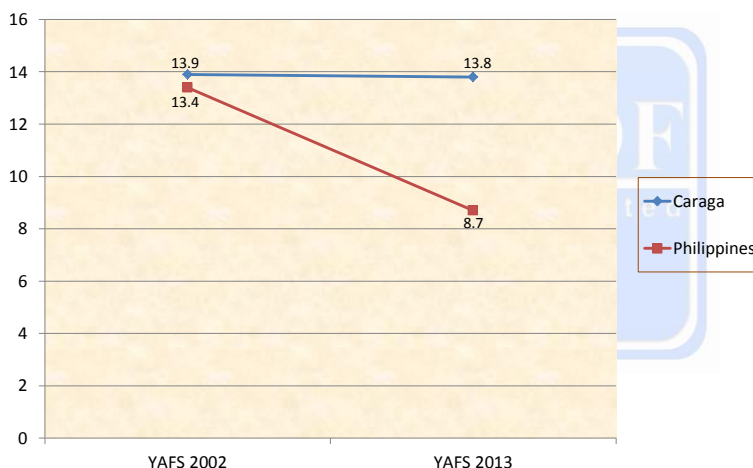
#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

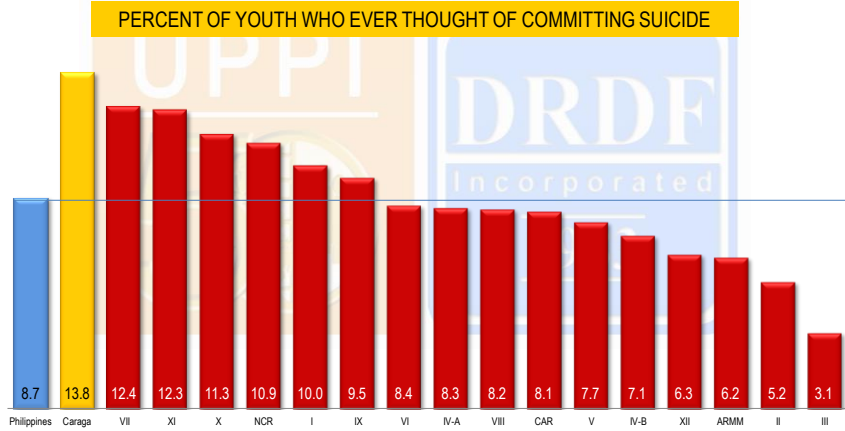
... But drug use among the youth is 3rd most prevalent in Caraga



Between 2002 and 2013, the proportion of Caraga youth who ever thought of committing **suicide** barely decreased



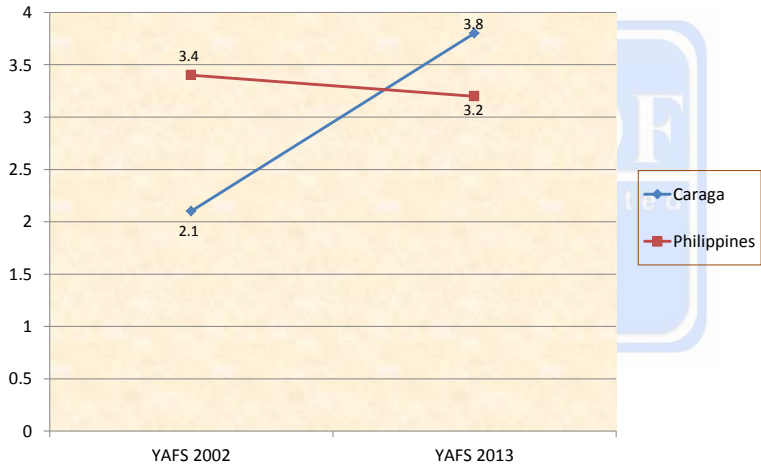
Caraga has the highest proportion of youth who ever thought of committing suicide



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

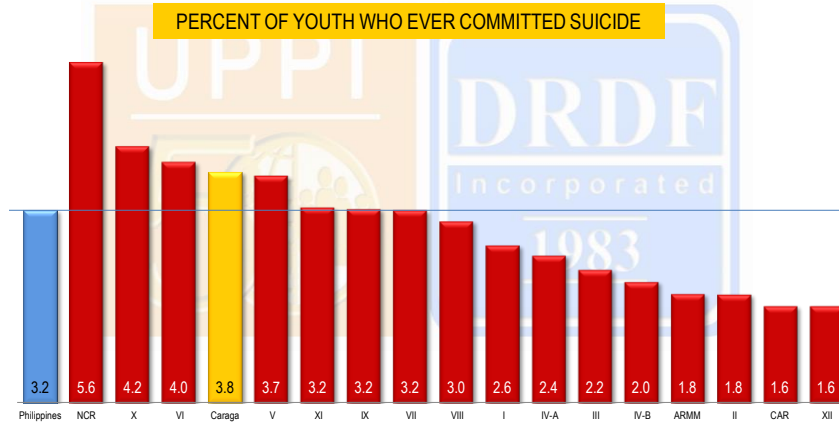
Percent who attempted to commit **suicide** sharply increased in the past decade



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

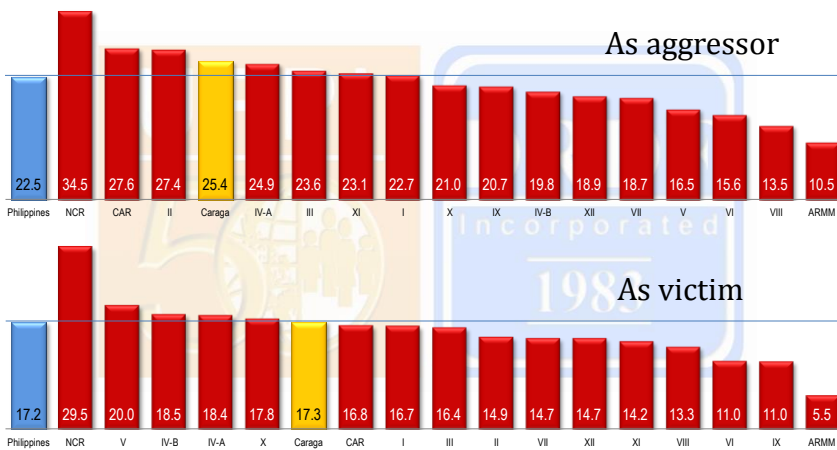
Proportion of youth who ever attempted suicide is 4th highest in Caraga



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

Proportion of Caraga youth who have been aggressors of violence is the 4th highest; the proportion of victims is considerably less

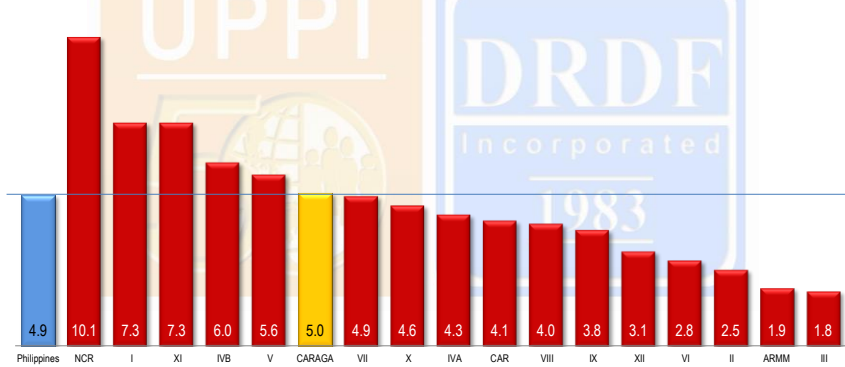


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

1 in 20 Caraga youth has been victim of harassment through modern technology

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

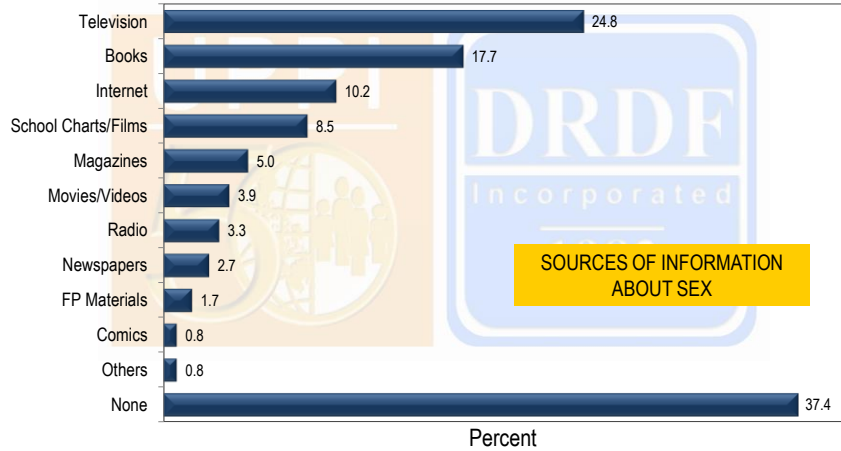


#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

#UsapangSex
SOURCES OF INFORMATION ABOUT SEX

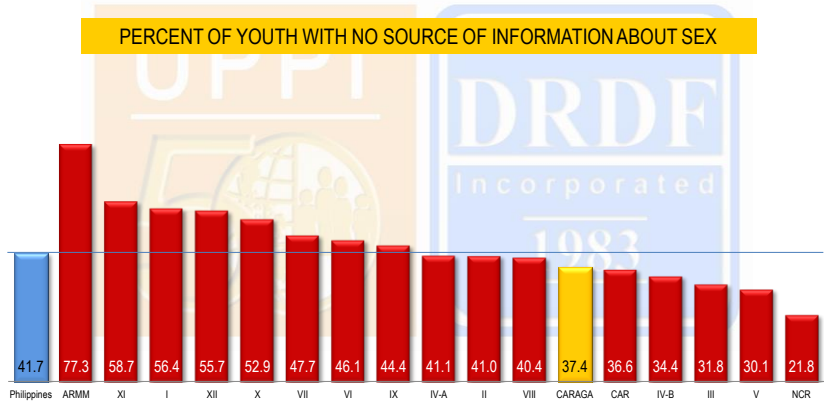
More than a third of Caraga youth do not have any source of information about sex



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

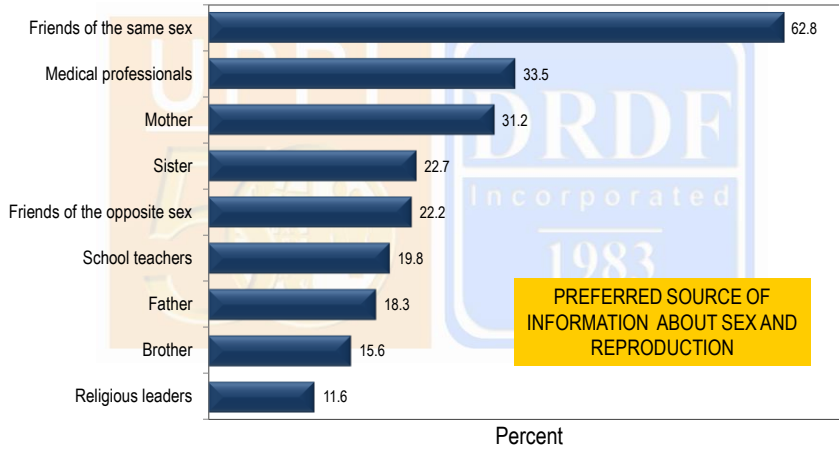
Proportion of Caraga youth who do not have any source of information about sex is below the national average



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

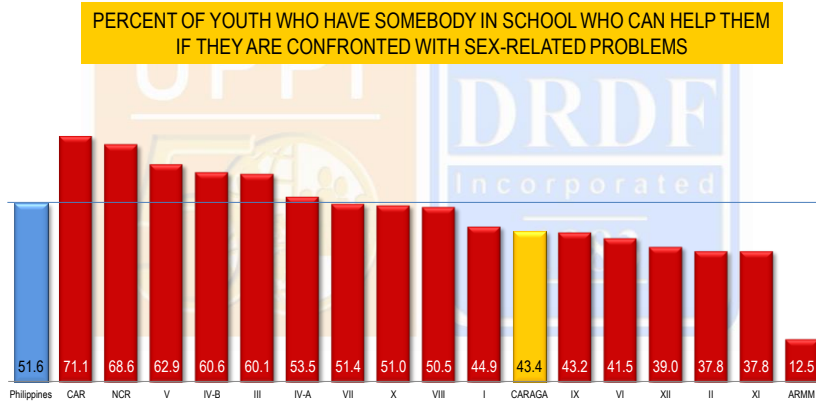
Friends of the same sex and medical professionals are Caraga youth's most preferred sources of information about sex and reproduction



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

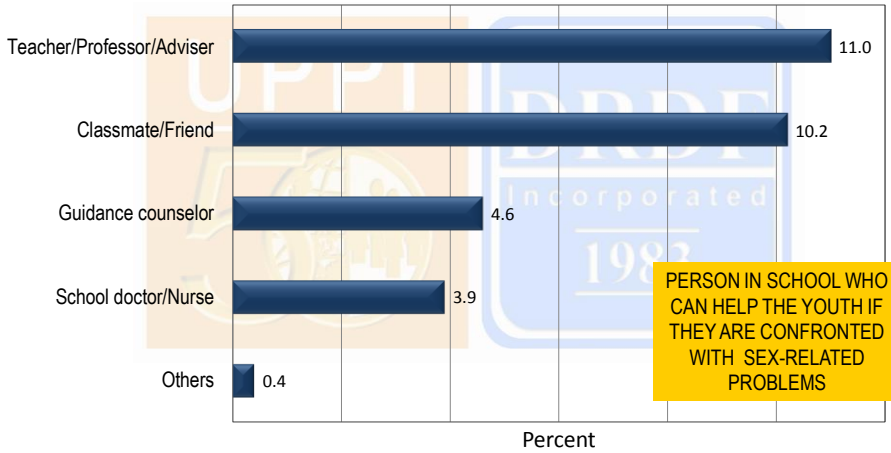
Proportion of youth who can find help in school regarding sex-related problems is below the national average



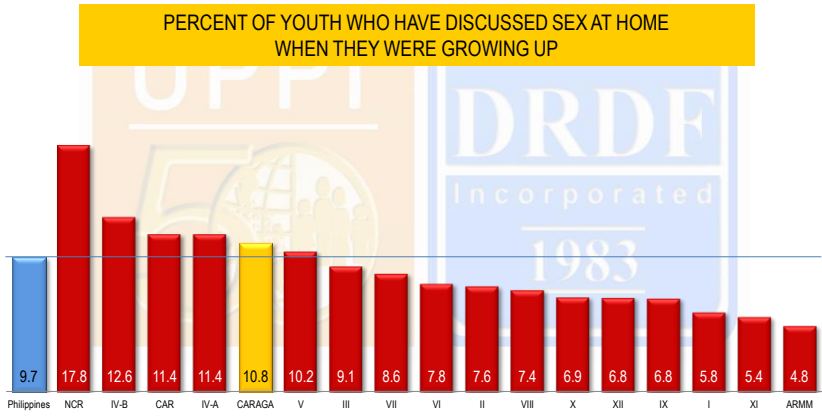
#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

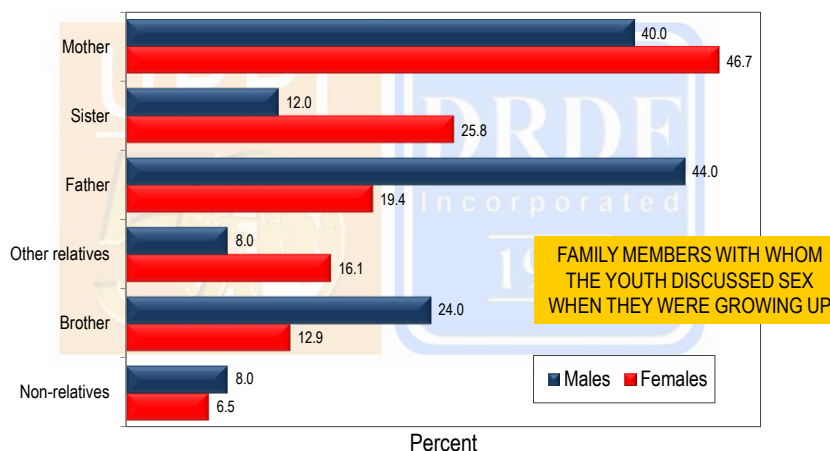
Most Caraga youth identified their teachers as source of help at school for sex-related problems



Only 1 in 10 Caraga youth has discussed sex at home while growing up



Most discussions of sex at home are between mothers and daughters, fathers and sons



#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

- **Profile of Caraga youth**

- One of the best education profiles in terms of the proportion studying;
- However, the proportion with college and higher education is the 3rd lowest in the country
- 1 in 5 is working. 1 in 20 is unemployed, the 2nd lowest in the country.
- 1 in 10 is idle, a proportion above the national average
- Proportion who are formally married (4%) is the 2nd lowest in the country after NCR
- % living-in (16.7) is the 3rd highest in the country

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

- **Media exposure of Caraga youth**
 - Very high use of new information technology
 - 7 in 10 own a cellular phone
 - 54% use the internet
 - More than 2 in 5 have an e-mail or a social networking account
 - 1 in 4 has online friends whom they have not met personally
- **Health and Lifestyle of Caraga youth**
 - Only 2 in 5 exercise 2-3 times a week, the 3rd lowest in the country
 - Relatively low consumers of unhealthy foods and drinks

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

- **Non-sexual risk behaviors of Caraga youth**
 - Declining % who are smoking, drinking, and who have ever used drugs in the past decade following the national trend
 - % who are smoking and drinking are both below the national average. An estimated 80 thousand are currently smoking and 166 thousand are currently drinking.
 - Around 35 thousand youth ages 15-24 have ever used drugs in 2013
 - % who ever thought of committing suicide (13.8) is highest in the country and has barely changed in the past decade
 - % who ever attempted suicide (3.8) has sharply increased contradicting the declining national trajectory
 - 1 in 20 has experienced harassment through technology

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

SUMMARY

- **Sources of information about sex of Caraga youth**

- More than a third do not have any source of information about sex (37.4%)
- Friends (particularly of the same sex), medical professionals and mothers are the preferred sources of information about sex and reproduction
- Only 43% have someone at school who can help them regarding sex-related problems
- Very little discussion about sex at home (10.8%)
- Most females discussed sex at home with their mothers while the males with their fathers.

#YAFS4

Demographic Research & Development Foundation • University of the Philippines Population Institute

ThankYou!

www.drdf.org.ph
yafs4@drdf.org.ph
www.facebook.com/yafs4

Young Adult Fertility & Sexuality Study (YAFS4)



www.drdf.org.ph
yafs4@drdf.org.ph
www.facebook.com/yafs4